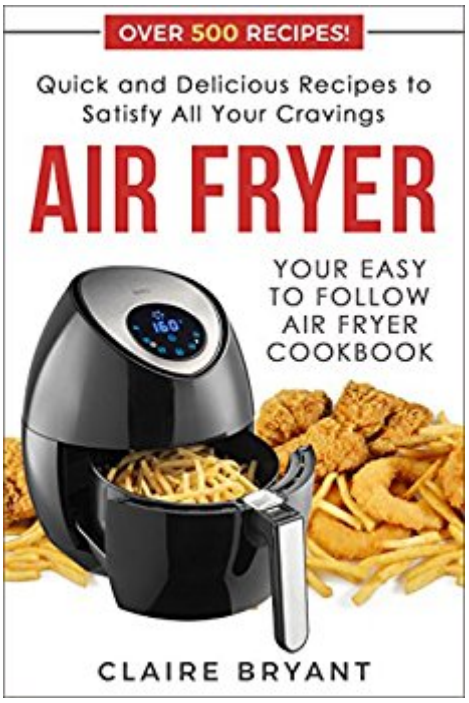
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# Air Fryer : Your Easy To Follow Air Fryer Cookbook - Quick & Delicious Recipes To Satisfy All Your Cravings




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## Synopsis

Are you looking for a crispy fried taste without the extra fat?Want to reduce calories without giving up your favorite foods?Need recipes for delicious, low-fat options?Learn to cook delicious, low-fat alternatives to all your favorites treats withAir Fryer: Your Easy to Follow Air Fryer CookbookÃ¢â ¬â •Quick & Delicious Recipes to Satisfy All Your Cravings by Denise Brooks. This short guidebook walks you through all the ins and out of air frying and offers dozens of recipes for all your favorite foods including muffins, breakfast sandwiches, onion rings, Indian samosas, Chinese egg rolls, Asian chicken wings, melts, and more. YouÃ¢â ¬â„¢re sure to find all the recipes that you need to plan a healthy and delicious meal.YouÃ¢â ¬â„¢ll learn:How air frying works and how to choose the right air fryerThe benefits of frying with air instead of fatUseful air frying techniques that ensure delicious results every timeThings to do before and after cooking for great resultsWhy air frying leads to a healthier and lifestyleBreakfast, Lunch and Dinner recipes that will please the entire familyWhether youÃ¢â ¬â„¢re looking to shed a few pounds or just want to live a healthier life,Ã Â Air Fryer: Your Easy to Follow Air Fryer CookbookÃ¢â ¬â •Quick & Delicious Recipes to Satisfy All Your Cravings by Denise Brooks will get you going in the right direction.What are you waiting for? You can have a healthier life without giving up your favorite treats.Scroll up to get your copy now.

## Book Information

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## Customer Reviews

Great product.

Just neutral rating. I didn’t buy the thing.

This book describes the basics of how to use an air fryer and the benefits of air frying, as well as providing a number of great recipes, including breakfast recipes, including ÃƒÂ¢Ã â ¬Ã Ëœvegetarian frittataÃƒÂ¢Ã â ¬Ã â„¢. Chapter 4 provides snacks and appetizers, Chapter 5 contains lunches on the go or at home, Chapter 6 contains easy seafood recipes, Chapter 7 tasty poultry meals and Chapter 8 contains beef meals. Finally, Chapter 9 contains ÃƒÂ¢Ã â ¬Ã Ëœdo not forget dessertsÃƒÂ¢Ã â ¬Ã â„¢. Desserts are my favorite!

I thought that you could only use an air fryer for frying few foods like chips, fish and meat; i never knew that you can use it to cook various recipes.What I found interesting was the fried ice cream with its olive oil, 4 scoops of ice cream and bread slices for its ingredients and molten lava cakes on an air fryer.I’d definitely try these recipes as it sounds yummy :)

There are breakfast recipes, air fryer appetizers, vegetarian recipes and even air fryer dessert recipes. Yes, IÃƒÂ¢Ã â ¬Ã â„¢m as surprised as you are that this is possible. These include cakes, puddings, cookies, macaroons and crumbles. ItÃƒÂ¢Ã â ¬Ã â„¢s even possible to ÃƒÂ¢Ã â ¬Ã Ëœair fryÃƒÂ¢Ã â ¬Ã â„¢ a chocolate soufflÃƒÂ©. The recipes are all clear, with clear lists of ingredients and instructions. I do recommend you get this book if youÃƒÂ¢Ã â ¬Ã â„¢re considering buying an air fryer.

I choose this rating because its quite interesting for me. It catches my attention and it helps me to know more about new and easy recipes that I can make. I like the content of this book, because its not only the recipes but how to use the air fryer effectively. Actually I highly recommend this cookbook because it gives me a quick and delicious recipes that I can prepare to my family.

Great book! An air fryer you will find something absolutely new and noteworthy you will find that you can cook in a considerably more advantageous way all your most loved nourishments. You will utilize less oil less fat and you will cook everything in a matter of seconds every one of your dishes will be so delicate and succulent in the center and perfectly. Recommended.

The recipe's look so easy and quick. I was interested in seeing the techniques and the different kinds of recipes. This book covers a much broader array of foods than I imagined could be made using the air fryer. I wanted to investigate the process before investing in another kitchen appliance. Yes!! Just what I was searching for.

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